

**General Safeguarding and Welfare Requirement: Safety and suitability of premises, environment and equipment.**

*Providers must take reasonable steps to ensure the safety of children, staff and others on the premises.*

**Sturminster Marshall Pre-School**  
and Toddler Group



Registered Charity No: 1026037

Ofsted URN: 144318

Affiliated to the Pre-School Learning Alliance

## **8.10 Physical Policy (Based on the Developmental Movement Play Approach)**

### **Policy statement**

This policy runs alongside the settings Safeguarding, Health & Safety and Inclusion Policies.

### **Procedures**

#### ***What We Believe In.***

- We believe that children have the right to access a full range of physical and tactile experiences, because we know that these are vital to a child's development and learning.
- We know that tactile, sensory stimulation of our body's surface enables the growth of the nervous system, prompting development at every level.
- We know the value of a 'helpful adult' in Movement Play, and that adults may join in the rough & tumble of the play. We have clear safeguarding policies in place, and talk to parents about our approach.
- We believe it is important for children to feel genuinely able to make choices based on how they feel; they need to be able to choose to join in or not, or to withdraw at any point.
- In this setting we are committed to the DMP approach
- Patsy Barnes is responsible for the implementation of the DMP approach and is supported by all practitioners.

#### ***What We Do.***

- We observe children throughout developmental movement play, analysing their movement patterns in order to develop an all-round understanding of each child's relationship to touch as. We use these observations to plan for children's individual needs.
- We respect the choices that children make and help children to learn how to respect each others' choices; help them to create equal movement play relationships in which each mover is in control of what they do and what is done to them.

- We know children often engage in activities that involve a lot of touch and contact, so we help them to read signs from their playmates that tell them whether they are enjoying it or not and support all children to say no when they want to. This is included in the rules for the DMP area.
- We support children in taking their shoes & socks off, and where appropriate. We want children to be comfortable to learn, in their clothes and 'skin', so parents are asked that children be dressed in clothes that enable their free and safe movement.
- We have developed movement play activities within the current safeguarding policies in our setting and in line with best practice.
  - We use DMP as part of our continuous provision.
  - We keep lots of clear floor space and provide activities on the floor, rather than tables.
  - We review what we provide each term, using the DMP audit.
  - We have regular dialogue amongst staff about the significance of movement in development, learning and wellbeing.
  - We review our policies regularly with a view to ensuring that children can make a fully physical, safe, response to all their learning and experiences.
  - We have appointed a DMP Body and Movement Co-ordinator (Patsy Barnes) to support development of this area in the setting.

Policy to be reviewed on September 2014

- Information is available in the setting from Patsy Barnes

**Further guidance**

- <http://www.jabadao.org/>

This policy was adopted at a meeting of	_____	name of provider
Held on	_____	(date)
Date to be reviewed	_____	(date)
Signed on behalf of the management committee	_____	
Name of signatory	_____	
Role of signatory (e.g. chair/owner)	_____	